

## Useful information

### The day before the surgery



Take your usual medication, unless otherwise requested by the anesthesiologist.



Eat and drink normally.

### The day of your surgery



Eat up **to 6 hours** before your arrival at the clinic.



Drink water, tea and/or black coffee **without milk until you leave your house.**



Take your medication in accordance with the medical instructions **given at the anesthesia consultation.**

### After the surgery



Return home accompanied, do not drive for 24 hours after surgery.

Take your usual medication, unless otherwise requested by the anesthesiologist.

Follow the surgeon's instructions and do not make any important decisions for 24 hours after surgery.